

| | 10秒 | 20秒 | 30秒 | 40秒 | 50秒 | 1分 | 1分10秒 | 1分20秒 | 1分30秒 | 1分40秒 | 1分50秒 | 2分 | 2分10秒 | 2分20秒 | 2分30秒 | 2分40秒 | 2分50秒 | 3分 |
|-----------|------|------|------|-----|-----|-----|-------|-------|-------|-------|-------|-----|-------|-------|-------|-------|-------|-----|
| 10 words | 60 | 30 | 20 | 15 | 12 | 10 | 9 | 8 | 7 | 6 | 5 | 5 | 5 | 4 | 4 | 4 | 4 | 3 |
| 20 words | 120 | 60 | 40 | 30 | 24 | 20 | 17 | 15 | 13 | 12 | 11 | 10 | 9 | 9 | 8 | 8 | 7 | 7 |
| 30 words | 180 | 90 | 60 | 45 | 36 | 30 | 26 | 23 | 20 | 18 | 16 | 15 | 14 | 13 | 12 | 11 | 11 | 10 |
| 40 words | 240 | 120 | 80 | 60 | 48 | 40 | 34 | 30 | 27 | 24 | 22 | 20 | 18 | 17 | 16 | 15 | 14 | 13 |
| 50 words | 300 | 150 | 100 | 75 | 60 | 50 | 43 | 38 | 33 | 30 | 27 | 25 | 23 | 21 | 20 | 19 | 18 | 17 |
| 60 words | 360 | 180 | 120 | 90 | 72 | 60 | 51 | 45 | 40 | 36 | 33 | 30 | 28 | 26 | 24 | 23 | 21 | 20 |
| 70 words | 420 | 210 | 140 | 105 | 84 | 70 | 60 | 53 | 47 | 42 | 38 | 35 | 32 | 30 | 28 | 26 | 25 | 23 |
| 80 words | 480 | 240 | 160 | 120 | 96 | 80 | 69 | 60 | 53 | 48 | 44 | 40 | 37 | 34 | 32 | 30 | 28 | 27 |
| 90 words | 540 | 270 | 180 | 135 | 108 | 90 | 77 | 68 | 60 | 54 | 49 | 45 | 42 | 39 | 36 | 34 | 32 | 30 |
| 100 words | 600 | 300 | 200 | 150 | 120 | 100 | 86 | 75 | 67 | 60 | 55 | 50 | 46 | 43 | 40 | 38 | 35 | 33 |
| 110 words | 660 | 330 | 220 | 165 | 132 | 110 | 94 | 83 | 73 | 66 | 60 | 55 | 51 | 47 | 44 | 41 | 39 | 37 |
| 120 words | 720 | 360 | 240 | 180 | 144 | 120 | 103 | 90 | 80 | 72 | 65 | 60 | 55 | 51 | 48 | 45 | 42 | 40 |
| 130 words | 780 | 390 | 260 | 195 | 156 | 130 | 111 | 98 | 87 | 78 | 71 | 65 | 60 | 56 | 52 | 49 | 46 | 43 |
| 140 words | 840 | 420 | 280 | 210 | 168 | 140 | 120 | 105 | 93 | 84 | 76 | 70 | 65 | 60 | 56 | 53 | 49 | 47 |
| 150 words | 900 | 450 | 300 | 225 | 180 | 150 | 129 | 113 | 100 | 90 | 82 | 75 | 69 | 64 | 60 | 56 | 53 | 50 |
| 160 words | 960 | 480 | 320 | 240 | 192 | 160 | 137 | 120 | 107 | 96 | 87 | 80 | 74 | 69 | 64 | 60 | 56 | 53 |
| 170 words | 1020 | 510 | 340 | 255 | 204 | 170 | 146 | 128 | 113 | 102 | 93 | 85 | 78 | 73 | 68 | 64 | 60 | 57 |
| 180 words | 1080 | 540 | 360 | 270 | 216 | 180 | 154 | 135 | 120 | 108 | 98 | 90 | 83 | 77 | 72 | 68 | 64 | 60 |
| 190 words | 1140 | 570 | 380 | 285 | 228 | 190 | 163 | 143 | 127 | 114 | 104 | 95 | 88 | 81 | 76 | 71 | 67 | 63 |
| 200 words | 1200 | 600 | 400 | 300 | 240 | 200 | 171 | 150 | 133 | 120 | 109 | 100 | 92 | 86 | 80 | 75 | 71 | 67 |
| 210 words | 1260 | 630 | 420 | 315 | 252 | 210 | 180 | 158 | 140 | 126 | 115 | 105 | 97 | 90 | 84 | 79 | 74 | 70 |
| 220 words | 1320 | 660 | 440 | 330 | 264 | 220 | 189 | 165 | 147 | 132 | 120 | 110 | 102 | 94 | 88 | 83 | 78 | 73 |
| 230 words | 1380 | 690 | 460 | 345 | 276 | 230 | 197 | 173 | 153 | 138 | 125 | 115 | 106 | 99 | 92 | 86 | 81 | 77 |
| 240 words | 1440 | 720 | 480 | 360 | 288 | 240 | 206 | 180 | 160 | 144 | 131 | 120 | 111 | 103 | 96 | 90 | 85 | 80 |
| 250 words | 1500 | 750 | 500 | 375 | 300 | 250 | 214 | 188 | 167 | 150 | 136 | 125 | 115 | 107 | 100 | 94 | 88 | 83 |
| 260 words | 1560 | 780 | 520 | 390 | 312 | 260 | 223 | 195 | 173 | 156 | 142 | 130 | 120 | 111 | 104 | 98 | 92 | 87 |
| 270 words | 1620 | 810 | 540 | 405 | 324 | 270 | 231 | 203 | 180 | 162 | 147 | 135 | 125 | 116 | 108 | 101 | 95 | 90 |
| 280 words | 1680 | 840 | 560 | 420 | 336 | 280 | 240 | 210 | 187 | 168 | 153 | 140 | 129 | 120 | 112 | 105 | 99 | 93 |
| 290 words | 1740 | 870 | 580 | 435 | 348 | 290 | 249 | 218 | 193 | 174 | 158 | 145 | 134 | 124 | 116 | 109 | 102 | 97 |
| 300 words | 1800 | 900 | 600 | 450 | 360 | 300 | 257 | 225 | 200 | 180 | 164 | 150 | 138 | 129 | 120 | 113 | 106 | 100 |
| 310 words | 1860 | 930 | 620 | 465 | 372 | 310 | 266 | 233 | 207 | 186 | 169 | 155 | 143 | 133 | 124 | 116 | 109 | 103 |
| 320 words | 1920 | 960 | 640 | 480 | 384 | 320 | 274 | 240 | 213 | 192 | 175 | 160 | 148 | 137 | 128 | 120 | 113 | 107 |
| 330 words | 1980 | 990 | 660 | 495 | 396 | 330 | 283 | 248 | 220 | 198 | 180 | 165 | 152 | 141 | 132 | 124 | 116 | 110 |
| 340 words | 2040 | 1020 | 680 | 510 | 408 | 340 | 291 | 255 | 227 | 204 | 185 | 170 | 157 | 146 | 136 | 128 | 120 | 113 |
| 350 words | 2100 | 1050 | 700 | 525 | 420 | 350 | 300 | 263 | 233 | 210 | 191 | 175 | 162 | 150 | 140 | 131 | 124 | 117 |
| 360 words | 2160 | 1080 | 720 | 540 | 432 | 360 | 309 | 270 | 240 | 216 | 196 | 180 | 166 | 154 | 144 | 135 | 127 | 120 |
| 370 words | 2220 | 1110 | 740 | 555 | 444 | 370 | 317 | 278 | 247 | 222 | 202 | 185 | 171 | 159 | 148 | 139 | 131 | 123 |
| 380 words | 2280 | 1140 | 760 | 570 | 456 | 380 | 326 | 285 | 253 | 228 | 207 | 190 | 175 | 163 | 152 | 143 | 134 | 127 |
| 390 words | 2340 | 1170 | 780 | 585 | 468 | 390 | 334 | 293 | 260 | 234 | 213 | 195 | 180 | 167 | 156 | 146 | 138 | 130 |
| 400 words | 2400 | 1200 | 800 | 600 | 480 | 400 | 343 | 300 | 267 | 240 | 218 | 200 | 185 | 171 | 160 | 150 | 141 | 133 |
| 410 words | 2460 | 1230 | 820 | 615 | 492 | 410 | 351 | 308 | 273 | 246 | 224 | 205 | 189 | 176 | 164 | 154 | 145 | 137 |
| 420 words | 2520 | 1260 | 840 | 630 | 504 | 420 | 360 | 315 | 280 | 252 | 229 | 210 | 194 | 180 | 168 | 158 | 148 | 140 |
| 430 words | 2580 | 1290 | 860 | 645 | 516 | 430 | 369 | 323 | 287 | 258 | 235 | 215 | 198 | 184 | 172 | 161 | 152 | 143 |
| 440 words | 2640 | 1320 | 880 | 660 | 528 | 440 | 377 | 330 | 293 | 264 | 240 | 220 | 203 | 189 | 176 | 165 | 155 | 147 |
| 450 words | 2700 | 1350 | 900 | 675 | 540 | 450 | 386 | 338 | 300 | 270 | 245 | 225 | 208 | 193 | 180 | 169 | 159 | 150 |
| 460 words | 2760 | 1380 | 920 | 690 | 552 | 460 | 394 | 345 | 307 | 276 | 251 | 230 | 212 | 197 | 184 | 173 | 162 | 153 |
| 470 words | 2820 | 1410 | 940 | 705 | 564 | 470 | 403 | 353 | 313 | 282 | 256 | 235 | 217 | 201 | 188 | 176 | 166 | 157 |
| 480 words | 2880 | 1440 | 960 | 720 | 576 | 480 | 411 | 360 | 320 | 288 | 262 | 240 | 222 | 206 | 192 | 180 | 169 | 160 |
| 490 words | 2940 | 1470 | 980 | 735 | 588 | 490 | 420 | 368 | 327 | 294 | 267 | 245 | 226 | 210 | 196 | 184 | 173 | 163 |
| 500 words | 3000 | 1500 | 1000 | 750 | 600 | 500 | 429 | 375 | 333 | 300 | 273 | 250 | 231 | 214 | 200 | 188 | 176 | 167 |